

Dr. Lenore Matthew, Ph.D., MSW
Education, Certification, and Advanced Training

Education:

- **Doctorate of Social Work**, University of Illinois at Urbana-Champaign
- **Master of Social Work (MSW)**, University of Illinois at Urbana-Champaign
- **Bachelor of Science, Business**, University of Oregon

Certifications:

- **Certified Life Coach**, Life Coaching Institute (US), a member of the International Federation of Coaches (IFC)
- **Certification in Integrated Somatic Trauma Therapy (ISST)**, Dr. Peter Levine, Dr. Ariel Schwartz, et al.
- **Chopra Foundation Meditation Enrichment**, The Chopra Foundation
- **200-Hour Certified Yoga Teacher (YTT-200)**, Hawaii Yoga Institute (in progress; May 2023)

Advanced Training in Trauma:

- **Treating Trauma Master Series**, National Institute for the Clinical Application of Behavioral Medicine (NICAMB)
- **How to Work with the Emotion of Shame**, National Institute for the Clinical Application of Behavioral Medicine (NICAMB)
- **Healing Trauma**, Dr. Peter Levine, The Embody Lab
- **Learn More About My Credentials, Training & Education**
Healing Trauma: A Step-by-Step Program for Restoring the Wisdom of the Body, Dr. Peter Levine, Sounds True Foundation
- **Understanding Healing & Pain**, Dr. Sara King, Dr. Stephen Porges, Dr. Arielle Schwartz, & Marlysa Sullivan, The Embody Lab
- **Attachment and Inner Relationship: Compassion as Shared Foundation**, Dr. Maureen Gallagher, The Embody Lab
- **Healing The Internalized Child Wounds Through Ritual and Practice**, Dr. Theopia Jackson, The Embody Lab
- **Emotional Freedom Techniques (EFT) and Tapping: Evidence-Based, Mind-Body Treatment Approach for Anxiety and Trauma**, Robin Bilazarian, LCSW, PESI
- **Intuitive Healing**, Dr. Judith Orloff, M.D.

Advanced Training in Psychic Mediumship:

Group and on-on-one training in psychic, mediumship, and trance healing with leading psychic mediums in the US and UK, including:

- Tony Stockwell
- Laura Wooster
- Lori Sheridan
- Angel Jimenez (Angel the Medium)

- Andrej Djordjevitch
- John Holland
- Various instructors with Arthur Findlay College (UK)
- Various instructors with Journey Within Spiritualist Church (US)